

**ADMINISTRATION:****Open Board Meeting Thursday January 19th at 10 AM in the Key Club.**

We welcome all owners to attend our General Session Board Meeting in the Key Club (Tower 2 Second Floor). The Board Meeting has a set agenda and allows for a Homeowner Forum. Homeowners are provided a limited amount of time (3 minutes per owner) to address Association related questions and comments. Please note: The Board is barred by statute from discussing items that are not included on the posted Agenda. Anyone wishing to speak is expected to fill out a speaker form before the meeting starts. Forms will be available at the meeting. This is a great way to see your Board in action. We hope to see you there!

Energy Efficiency Tips for All Towers Residents:

Utility rates are higher between the hours of 4-9pm. We ask that you follow the following energy efficiently tips:

1. Avoid using laundry rooms after 4pm, Monday through Friday.
2. Minimize heating usage in the Winter by setting your thermostat lower.
3. Close blinds/window coverings to avoid direct sunlight.
4. Turn off lights in unoccupied rooms.
5. Turn off TV when not in use.



As an important reminder: The nation is currently experiencing an increase in what healthcare officials call a “triple threat”. This means that influenza, RSV, and COVID cases are on the rise in all areas of the country. These are all respiratory illness that affect children and seniors most severely, so it is imperative that we all exercise caution in common areas. The Board STRONGLY advises the use of masks at all events and in common areas. Please continue to maintain social distance from those not living in your home, sanitize your hands and stay HOME if you are experiencing any flu-like symptoms. **A COVID booster shot clinic will be coming to the Towers on 1/27, with more details to follow.** Please notify the front desk if you are ill so that we can keep our staff well and accommodate your meal delivery needs. Thank you for caring for yourself and your neighbors!

ACTIVITIES:**Saturday 1/14:**

- 10 AM Men’s Forum, moderated by Pat Cantarelli (LB)
- 7 PM Movie: “Finding Your Feet” (LH)

Sunday 1/15:

7 PM Performer: CeCe Sloan (LH)

Monday 1/16:

- MARTIN LUTHER KING JR. DAY
- **HOLIDAY – OFFICE CLOSED**
- No Activities

Tuesday 1/17:

- 10 AM Executive Board Meeting (Board only) (BR)
- 1:30 PM HeARTful Tuesdays (AS #656)
- 1:30 PM Chair Yoga (LH)
- 6 PM Poker (GR) – *all are welcome!*

Wednesday 1/18:

- 10AM Total Body Chair Workout (LH)
- 1 PM Marketing Committee (BR)
- 7 PM BINGO (LH)

Thursday 1/19:

- 10 AM Open Board Meeting (KC)
- 1:30 PM Chair Tai Chi (LH)
- 2:00 PM Standing Tai Chi (LH)
- 7 PM Performer: “Larry Maurer: MGM Musicals” (LH)

Friday 1/20:

- 10 AM Cardio Strength Training (LH)
- ~~12 PM Poker (GR)~~
- 2 PM Bible Study (BR)

- **2 PM Exercise – Yoga for Agile Seniors (LH)**

We will be creating an activity survey and would appreciate your participation in responding so that we can increase activities to our monthly calendars.

If you missed the first Yoga class with Jill – please join us on the next scheduled fitness class, January 23rd. More fitness classes coming soon!

If interested in joining the Book Club, please contact Rosalie Rosen at (949)-770-0888.

FLOOR CAPTAINS: Please bring your radios to the next scheduled meeting on Tuesday January 31st. Radio checks will occur once a month, which is the Saturday following the monthly Floor Captain meeting. Radio checks will begin at **10:30 AM. The next radio check is scheduled for Saturday, February 4th at 10:30 AM.** Feel free to contact Bruce Hardy in unit 801 with any questions. We need Floor Captains on the following floors: **Tower 1 (Floors 5, 14,) & Tower 2 (Floors 11 & 13).** Please contact Yvonne Castro at 949-434-5618.



BINGO: Congratulations to **Rosela Elkind** for winning the big jackpot!

MAINTENANCE:

Over the weekend maintenance had several leaks on the 62 series. Maintenance discovered that they had a broken storm drain line. They replaced a 6ft cast iron pipe. Storm drains back to normal and draining proper.

Maintenance would like to inform you that repairs on the 52 series AC Risers starting Monday January 16, 2023, the repairs will last four weeks. Thank you, Maury and Team

FACILITIES:

Reminders:

- **DO NOT THROW LARGE OBJECTS DOWN THE CHUTE** – this will cause the chute to back up. Please help by reminding your vendors, family, friends, and caregivers **NOT** to throw any large objects down the chute. There will be a fine for all who do not adhere to these rules.
- **MOVERS/VENDORS - NO PARKING AT THE FRONT** – remind your movers and vendors NOT to park at the front when delivering or unloading furniture. They are to park in the assigned tunnel. It is important for the resident to relay this information prior to the delivery as we are having a constant problem with non-compliant vendors parking at the front.
- **PET POLICY** – Continue to adhere to all pet policy rules. If you have any questions about the rules, please call Renee at 434-5617.
- **DO NOT DUMP or place any of your debris in our dumpsters** – all vendors must take all leftover debris from the contractor's work, refrigerators, etc. **DO NOT LEAVE THEM NEAR THE TRASH BINS.**
- **CONTRACTORS** - when hiring a contractor please be sure they are licensed insured and bonded.
- **RECYCLING** – Please adhere to the recycling policy, **DO NOT** throw food in the recycling bins. When in doubt throw it out! **Only place recyclable items in the bins.**

Updates:

- **Vending Machine** – you may now use a credit card or cash when purchasing items from the vending machine.
- **Lobby Printer** – is now working, you can print copies for 10 cents a page.
- **New Custodian** – We have hired a new custodian! Please be sure to welcome Omar Cardiel. Welcome Omar, we are so happy to have you be a part of The Towers family!!



Thank you! Have a great weekend. – Renee 😊

HOUSEKEEPING:

As a friendly reminder to all resident who would like a General cleaning in their units, it is once a year and it is scheduled through Angela Medina (Housekeeping foreman). We will hand out a reminder notice the week prior to the cleaning letting the resident know what steps to take in order to have a thorough cleaning. If you have any other questions or concerns, please contact Kevin Saavedra (Housekeeping Coordinator). Thank you – Kevin and Team

DINING SERVICES:

If you tested positive for covid, please inform the front desk and they will notify us so we can send food to your rooms at no cost for 5 days. The health of all residents and our employees is very important to us. Also, to remind you that the take-out service is from 3:30 pm to 4:30 pm in the California Dining Room for the price of \$1.00. If you have any questions please call 949-434-5637.

Our Employee of the month is Jonathan Rivera, Please congratulate him when you see him in the Dining Room.

Thank you
German Cuenca - Dining Services

Wishing all a warm and wonderful weekend, on behalf of the Sodexo and PMP staff,

Lisa