



Good Afternoon Towers Family,

December 30, 2022

## ADMINISTRATION:

### Finance Committee Meeting Thursday, January 5<sup>th</sup> at 10 AM.

The Board has set aside the first Thursday to meet and review the Financials. This is an Open Board meeting and all owners are welcome. This meeting will be held in the Board Room with limited seating and will also be available via Zoom. Anyone wishing to obtain the Zoom information can contact the Administration Office at 949-434-5610.

**The Administration office will be closed on Friday, December 30<sup>th</sup> and Monday, January 2<sup>nd</sup>**  
**Please contact the front desk should you require assistance.**

**As an important reminder:** The nation is currently experiencing an increase in what healthcare officials call a “triple threat”. This means that influenza, RSV, and COVID cases are on the rise in all areas of the country. These are all respiratory illness that affect children and seniors most severely, so it is imperative that we all exercise caution in common areas. The Board STRONGLY advises the use of masks at all events and in common areas. Please continue to maintain social distance from those not living in your home, sanitize your hands and stay HOME if you are experiencing any flu-like symptoms. **A COVID booster shot clinic will be coming to the Towers in January, with more details to follow.** Please notify the front desk if you are ill so that we can keep our staff well and accommodate your meal delivery needs. Thank you for caring for yourself and your neighbors!

## ACTIVITIES:

### Saturday 12/31:

#### **NEW YEAR'S EVE – OFFICE CLOSED**

- **10 AM** Men's Forum, moderated by Pat Cantarelli (LB) **cancelled until January 7<sup>th</sup>**
- **6:30 PM** New Year's Eve Casino Party
- **(must purchase ticket)** (LH)

### Monday 1/2:

#### **NEW YEARS HOLIDAY - OFFICE CLOSED**

### Tuesday 1/3:

- **1:30 PM** HeARTful Tuesdays (AS Unit #656)
- **1:30 PM** Exercise – Chair Yoga (LH)
- **2 PM** Exercise – Yoga for Agile Seniors (LH)
- **6 PM** Poker – drop-ins are welcome! (GR)

### Wednesday 1/4:

- **10 AM** Exercise – Total Body Chair Workout (LH)
- **1 PM** Dining Services Committee (BR)
- **7 PM** BINGO (LH)

### Thursday 1/5:

- **10 AM** Finance Committee (BR)
- **1:30 PM** Chair Tai Chi (LH)
- **2:00 PM** Standing Tai Chi (LH)
- **2:30 PM** Happy Hour (KC)
- **7 PM** Performer: The LeVan Family (LH)

### Friday 1/6:

- **10 AM** Cardio Strength Training (LH)
- **12 PM** Poker (GR)
- **7 PM** Christian Worship Service (LH)

Happy New Year! May the new year bring you peace, joy, and happiness!

Let us all have a wonderful 2023 together!

If interested in joining the Book Club, please contact Rosalie Rosen at (949)-770-0888.

**FLOOR CAPTAINS:** Radio checks will occur once a month, which is the Saturday following the monthly Floor Captain meeting. Radio checks will begin at **10:30 AM**. **The next radio check is scheduled for Saturday, January 7th at 10:30 AM.** Feel free to contact Bruce Hardy in unit 801 with any questions. We need Floor Captains on the following floors: **Tower 1 (Floors 5, 14,) & Tower 2 (Floors 11 & 13)**. Please contact Yvonne Castro at 949-434-5618.



**BINGO:** Congratulations to Grace Hyoun for winning the big jackpot!

### **MAINTENANCE:**

Maintenance has painted the Zen Garden bridges an eye catching red for all the residents to enjoy when strolling by the Zen Garden.

On behalf of the maintenance team, we would like to wish you a Happy New Year.  
Freddy Rodriguez (Building Manager).

### **HOUSEKEEPING:**

On behalf of the housekeeping department, we would like to thank all residents for being so patient through the Holiday season schedules. Schedules should be resuming back to normal in these next couple of weeks.

Happy New Year. Kevin Saavedra (Housekeeping and Maintenance Coordinator)

### **DINING SERVICES:**

On New Year's Eve, Crystal and California Dining Rooms will open an hour earlier so that residents can participate in the Casino Night. Crystal and California will be open from 3:30 pm to 6:30 pm. The take-out service will be from 2:30 pm to 3:30 pm. To order room service please call before 2 pm and they will deliver them from 3:30 pm to 6 pm.

Thank you for understanding. Happy New Year, German and Team

Wishing all a very Happy New Year, on behalf of the Sodexo and PMP staff, **Lisa**

