

Good Afternoon Towers Family,



December 23, 2022

## ADMINISTRATION:

The Administration office will be closed on Friday, December 23<sup>rd</sup> and Monday, December 26<sup>th</sup>. Please contact the front desk should you require assistance.

Staff Changes: Rachel Merkson in the Administration office will be leaving the Towers next Thursday, December 29<sup>th</sup> to pursue her nursing career. Please stop by to wish her well in her new chapter!

**As an important reminder:** The nation is currently experiencing an increase in what healthcare officials call a “triple threat”. This means that influenza, RSV, and COVID cases are on the rise in all areas of the country. These are all respiratory illnesses that affect children and seniors most severely, so it is imperative that we all exercise caution in common areas. The Board STRONGLY advises the use of masks at all events and in common areas. Please continue to maintain social distance from those not living in your home, sanitize your hands and stay HOME if you are experiencing any flu-like symptoms. **A COVID booster shot clinic will be coming to the Towers in January, with more details to follow.** Please notify the front desk if you are ill so that we can keep our staff well and accommodate your meal delivery needs. Thank you for caring for yourself and your neighbors!

## ACTIVITIES:

### Saturday 12/24:

#### **CHRISTMAS EVE – OFFICE CLOSED**

- 10 AM Men's Forum, moderated by Pat Cantarelli (LB) **cancelled until January 7<sup>th</sup>**

### Sunday 12/25:

#### **CHRISTMAS - OFFICE CLOSED**

### Monday 12/26:

#### **OFFICE CLOSED**

### Tuesday 12/27:

- 10 AM Lisa's Coffee Chat – KC
- 1:30 PM HeARTful Tuesdays (AS Unit #656) **cancelled until January 3<sup>rd</sup>**
- 1:30 PM Exercise – Chair Yoga (LH)
- 2 PM Exercise – Yoga for Agile Seniors (LH)

### Wednesday 12/28:

- 10 AM Exercise – Total Body Chair Workout (LH)

- 1 PM Maintenance Committee (BR)
- 5 PM New Residents Dinner (GDR) **postponed until January**
- 7 PM BINGO (LH)

### Thursday 12/29:

- 10 AM AA Meeting (GR) **cancelled**
- 1PM Document Review Committee (BR) **cancelled**
- 1:30 PM Chair Tai Chi (LH)
- 2:00 PM Standing Tai Chi (LH)
- 7 PM Performer: Larry Mauer – Movie Musicals 1930s part 1 (LH)

### Friday 12/30:

- **OFFICE CLOSED-NO ACTIVITIES**
- 2 PM Bible Study (LH)

Wishing you and your loved ones a joyous holiday together! Please be sure to check the flyers for details on the upcoming New Year's Eve event!

If interested in joining the Book Club, please contact Rosalie Rosen at (949)-770-0888.

**FLOOR CAPTAINS:** Radio checks will occur once a month, which is the Saturday following the monthly Floor Captain meeting. Radio checks will begin at **10:30 AM**. **The next radio check is scheduled for Saturday, January 7<sup>th</sup> at 10:30 AM.** Feel free to contact Bruce Hardy in unit 801 with any questions. We

need a Floor Captain on the following floors: **Tower 1 (Floors 4, 5) & Tower 2 (Floor 11)**. Please contact Yvonne Castro at 949-434-5618.



**BINGO:** Congratulations to **Cynthia Miley** for winning the big jackpot!

## **FACILITIES:**

Reminders:

- **Pet Policy** – please keep a leash on your pet at all times.
- **Laundry Policy** – follow your laundry schedule, write your unit number plus loads on the chalkboard, and most important be courteous to your neighbors.
- **Boxes** – please call the front desk if you have boxes our Towers Aide will come and pick them up as time permits.
- **Refuse Room** – please keep the room clean, and do not throw food in the recycling bins. DO NOT leave bulky items in there, call the front desk if you have light items to be placed on the bulky items list for pick up.

Acknowledgments:

- **Brandon Felix** – a big thank you to our temp for helping out until we find a replacement for our open custodian position. Thank you, Brandon!!
- **Armando Higareda** – he is a wonderful addition to the Towers: talented, personable, and hardworking he's off to a great start! We have received calls from residents, and they would like to give him kudos!
- **Eva Espinoza** – Lead Receptionist – she is patient, kind, and always willing to go the extra mile to help her co-workers and residents. Eva, thank you for being a great example of demonstrating excellent service.

**Happy Holidays and a Happy New Year!! – Renee 😊**

## **MAINTENANCE:**

Maintenance replaced a few ceiling lights in the crystal dining room that were out. Maintenance has also installed a new receptacle and outlet for the new ice maker in the Kitchen. We are excited to implement a steady preventative maintenance plan in 2023. Keeping all safe, Maury and Team

## **HOUSEKEEPING:**

Friendly reminder to leave clean linens out and strip the bed on your scheduled housekeeping cleaning day if you would like for the linens to be changed.

If you have any questions or concerns, please contact Kevin Saavedra (Housekeeping and Maintenance Coordinator) at (949) 434-5622. Thank you, Kevin and Team

## **DINING SERVICES:**

On New Year's Eve, Crystal and California Dining Rooms will open an hour earlier so that residents can participate in the Casino Night. Crystal and California will be open from 3:30 pm to 6:30 pm. The take-out service will be from 2:30 pm to 3:30 pm. To order room service please call before 2 pm and they will deliver them from 3:30 pm to 6 pm.

Thank you for understanding. Happy Holidays, German and Team

Wishing all a Happy Hannukah and a very Merry Christmas, on behalf of the Sodexo  
and PMP staff, **Lisa**